

Watermelon Frozen Treat Recipe

Ingredients and materials

- 1 ½ cups of fresh seedless watermelon pieces.
- 2/3 cup of plain Greek yogurt.
- 2 teaspoons of organic honey.
- Baking sheet (optional).
- Molds or ice trays.
- Food processor or blender.

Instructions

- 1. Place silicone molds/tray on a baking sheet (optional but reduces cleanup).
- 2. Combine all ingredients in a food processor or blender; blend until a smoothie consistency is achieved.
- 3. Transfer the blended liquid into a measuring cup or smaller cup for better pour control.
- 4. Fill each mold slot to the top with the mixture.
- 5. Freeze for about 3 hours or until solid.
- 6. Gently release the frozen treats from the molds/tray and let your pup indulge!